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Personality is no stranger to occupational choice among hospitality graduates

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ABSTRACT

The hospitality industry is currently facing a labor shortage crisis, preventing hotels from operating effectively. This study focuses on understanding the career decisions of hospitality graduates to examine whether occupational choice can be predicted from personality traits. The current occupations of 523 hospitality graduates were coded in light of the RIASEC model and its six dimensions (*Realistic, Investigative, Artistic, Social, Enterprising, and Conventional*) were regressed on personality results collected during graduates' studies. We found that extraverted individuals chose occupations scoring high in the *Enterprising* and *Social* dimensions of the RIASEC model, and they also have occupations scoring lower in the *Investigative* dimension. People scoring higher in *Openness to experience* have occupations scoring lower in the *Realistic* dimension. Conscientious individuals have occupations scoring higher in the *Conventional* domain. Results demonstrate that personality traits do indeed predict occupational choice, reinforcing the significant role of person-environment fit in shaping hospitality graduates' occupational choices.

1. Introduction

COVID-19 has triggered the "Great Resignation": a record number of people leaving their jobs since the beginning of the pandemic. It is estimated that around 33 million individuals left their position in the U.S. in the first half of 2022 (Liu-Lastres et al., 2023), seeking fairer compensation, greater job fulfillment, and the ability to "be themselves" at work. As a result, the hospitality industry is facing a massive labor shortage. Businesses closed due to the pandemic and hospitality employees were furloughed and laid off. As the industry speeds into post-pandemic recovery, former hospitality employees have been reluctant to go back to their old jobs as they have discovered new opportunities with better work environments elsewhere.

The hospitality industry has always been characterized by high staff turnover. The reasons include long working hours, job pressure, insufficient training, poor fringe benefit packages, poor leadership, and better opportunities elsewhere (Brown, Thomas, & Bosselman, 2015; Fallon & Rotherford, 2010; Tracey & Hinkin, 2008). Unsurprisingly, these poor working conditions are among the most reliable predictors of employee turnover (Griffeth, Hom, & Gaertner, 2000).

Consequently, how to make the hospitality industry attractive has been a burning question for hospitality leaders. While one aspect of the solution might be transforming the broader structural factors in hospitality organizations (such as flexibility, compensation, and workplace culture) (Workhuman, 2022), another theme might be understanding individuals and their occupational choices in order to make hospitality careers more appealing. Research shows that students pursue hospitality studies because of perceptions related to

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self-actualization, job opportunity (high employability), field attractiveness, foreign experience, external influence (e.g., parents, teachers), and ease of study (compared to other fields) (Kim, Guo, Wang, & Agrusa, 2007; Lee, Olds, & Lee, 2010). However, the predictors of pursuing hospitality studies are not the same as the predictors of the actual occupation within hospitality.

Past studies have examined the association between personality (how people think, feel, and behave across situations) and vocational interests (enduring preferences for what people like to do). For example, “extraverted” individuals tend to select “enterprising” occupations characterized by a willingness to persuade and influence others in order to achieve private and professional goals (see, for example, the meta-analysis of Hurtado-Rúa, Stead, & Poklar, 2019; Larson, Rottinghaus, & Borgen, 2002). Yet, little is known about how personality traits affect the actual occupation within the hospitality industry. Past studies in this domain have used student samples to predict career aspirations rather than the actual job (Anthony, Mensah, & Amissah, 2021; Chuang & Dellmann-Jenkins, 2010; Teng, 2008). The current study addresses this gap by examining the personality traits of individuals who pursued undergraduate studies at a hospitality business school (graduating in 2015, 2016, and 2017) and are currently in the job market (based on their LinkedIn profiles as at 2022). We apply the five-factor model (FFM, also known also as the “Big Five”), which is the most widely used model of personality (McCrae & John, 1992). The FFM comprises *Openness to experience*, *Conscientiousness*, *Extraversion*, *Agreeableness*, and *Neuroticism* (OCEAN). We use the O*Net tool (www.onetonline.org) to standardize the roles stated on LinkedIn profiles and assess the characteristics of an occupation based on Holland’s vocational personality types (1997): *Realistic*, *Investigative*, *Artistic*, *Social*, *Enterprising*, and *Conventional* (RIASEC).

2. Literature review

2.1. The RIASEC model

According to Holland (1997), both jobs and vocational interests can be grouped into six categories: *Realistic*, *Investigative*, *Artistic*, *Social*, *Enterprising*, and *Conventional*. In *Realistic* jobs, employees tend to perform manual tasks that require energy and dexterity (e.g., cook, dishwasher, or housekeeping manager). *Realistic* interests refer to activities requiring the use of physical resources, technical skills, or motor coordination, which can be found in jobs that aim at realizing concrete actions to obtain specific and tangible results (e.g., mechanic). In *Investigative* occupations, employees must analyze information and find solutions to abstract problems (e.g., management consultant, financial analyst, or scientist). *Investigative* interests are characterized by the preference for thought over action. This interest is found among individuals who have an abstract and complex vision of their environment. In *Artistic* occupations, employees work without explicit rules and express ideas in a creative manner (e.g., actor, floral designer, and photographer). The professional environments linked to these interests are characterized by substantial freedom and a strong desire to create something new. In *Social* occupations, employees help and care for customers or patients (e.g., waiter, flight attendant, and nurse). *Social* interests are found in individuals who place a high value on others, whether through care, development, or training. In *Enterprising* occupations, individuals oversee projects or teams, make decisions, and are involved in business operations (e.g., food service manager, sales manager, or lodging manager). *Enterprising* interests are characterized by a willingness to persuade and influence others to achieve private and professional goals. These interests are strongly linked to status and power values. Finally, in *Conventional* occupations, employees are required to be detail-oriented as they follow set procedures (e.g., receptionist, financial controller, or copy-editor). *Conventional* interests correspond to valuing order and stability. The rational and controlled use of data to establish work routines helps satisfy these interests.

Individuals who have interests suited to certain categories of jobs (e.g., *Enterprising*) are more likely to occupy those jobs in the future (Holland, 1997; see Hanna & Rounds, 2020, for recent evidence of this assertion). This relates to the notion of Person-Vocation fit (“P–V fit,” Kristof, 1996), which can be defined as the congruence between individuals’ occupation and their self-concept. Recent studies have shown that P–V fit plays an essential role in employees’ job satisfaction and performance (Hoff, Song, Wee, Phan, & Rounds, 2020; Van Iddekinge, Roth, Putka, & Lanivich, 2011).

In order to explain the links between personality profiles and job profiles, Viswesvaran (2003) proposes using the *Attraction-Selection-Attrition* model (“ASA model,” Schneider, 1987). The ASA model proposes that the perception of a good fit between an individual and an occupation will motivate the individual to become interested and invested in that occupation. Thus, certain individuals might find more interest (*Attraction*) in certain professional activities than others (e.g., an extraverted individual might be more attracted to a sales position, involving regular contact with customers, than an introvert). Subsequently, individuals who possess personality traits seemed relevant for the job (*Selection*) might be more likely to be hired (e.g., the assertiveness of an extravert could facilitate their appointment as a salesperson). Finally, individuals with certain personality characteristics will be more satisfied by certain types of activities (*Attrition*), which will lead them to stay in the long-term (e.g., sales activity mobilizing contact and persuasion will generate more satisfaction among extraverts, because it corresponds to their expectations, which will motivate them to stay with the company).

2.2. Personality and occupational choice

The FFM (or OCEAN) model is the most widely used model to describe personality (Costa & McCrae, 1992). This model proposes to define personality using five factors—*Openness to experience*, *Conscientiousness*, *Extraversion*, *Agreeableness*, and *Neuroticism*—representing the main drivers of individuals’ behaviors and thoughts (Holman & Hughes, 2021). *Openness to experience* refers to being curious and seeking new experiences. People who are open to experience tend to be original and creative. *Conscientiousness* refers to being organized and responsible. Conscientious people tend to have good time management skills and are detail-oriented.

Conscientiousness has a significant and positive relationship with job performance across domains (Barrick & Mount, 1991). *Extraversion* refers to being outwardly oriented, active, and sociable. Extraverted people tend to be assertive and seek stimulation. *Agreeableness* refers to being altruistic and valuing others' well-being. Agreeable individuals tend to be sympathetic and compliant. Finally, *Neuroticism* refers to emotional instability and leads to a greater propensity to experience negative emotions. Numerous studies demonstrate the predictive power of the five-factor model to predict consequential outcomes in organizations, such as job performance (Barrick & Mount, 1991), job satisfaction (Judge, Bono, Ilies, & Gerhardt, 2002), or leadership (Judge, Heller, & Mount, 2002).

Personality also predicts individuals' occupational choice. Three streams of research have attempted to clarify the relationship between personality and occupational choice. First, studies have attempted to compare the personality traits of people working in different occupational groups. For instance, studies found that politicians tend to be more extraverted and less neurotic than the rest of the population (Schumacher & Zettler, 2019), nurses tend to be more agreeable (Baldacchino & Galea, 2012), and professional actors tend to score higher on *Extraversion*, *Openness to experience*, and *Agreeableness* (Nettle, 2006). However, this stream of research has suffered from a lack of theoretical integration between occupations and models of vocational interests and environments (Holland, 1997). Moreover, this methodology cannot ascertain that personality differences are the cause of occupational differences. For instance, it is just as likely that nurses become more agreeable because their job requires a kind demeanor, than people choosing a nursing occupation because they are agreeable themselves.

A second stream of research has explored the relationship between personality traits and vocational interests. Two meta-analyses have demonstrated significant relationships between the two domains (Barrick, Mount, & Gupta, 2003; Larson et al., 2002; see also Mount, Barrick, Scullen, & Rounds, 2005). These meta-analyses have identified relationships between *Extraversion* and both *Enterprising* and *Social* interests and between *Openness to experience* and both *Artistic* and *Investigative* interests. The relationships between *Agreeableness* and *Social* interests and between *Conscientiousness* and *Conventional* interests, however, were of lesser magnitude. More importantly, these studies do not provide a definitive answer to the question of whether personality predicts occupational choice, even if vocational interests constitute a good predictor of occupational choice (Hanna & Rounds, 2020).

Finally, a third stream of research has examined whether personality predicts future occupational choice (De Fruyt & Mervielde, 1999; Judge, Higgins, Thoresen, & Barrick, 1999; Woods & Hampson, 2010). For instance, Woods and Hampson (2010) demonstrated that the Big Five, measured during childhood, predicted occupational choice 40 years later. *Openness to experience* was related to the *Artistic* rating of individuals' chosen occupation (Judge et al., 1999; Woods & Hampson, 2010), but there were also many inconsistent findings regarding *Agreeableness* and *Extraversion* (Woods & Hampson, 2010).

Our understanding of why people choose to stay in or leave the hospitality industry is hampered by three factors. First, very few studies (just three, to the authors' knowledge) have examined the relationship between personality and occupational choice (excluding those that have examined vocational interests rather than occupational choice). Second, results have been mixed, and have not mirrored those that have been observed more consistently in the second stream of research described above. Third, studies within the third stream of research have looked at samples that were very diverse, which precludes any generalizations being made to more restricted samples such as hospitality graduates (who have all studied in the same environment and are suspected to have very similar vocational interests). To our knowledge, only one study has examined whether personality reliably predicts occupational specialty (Woods, Patterson, Wille, & Koczwara, 2016). Woods et al. (2016) found that doctors who were agreeable would be more likely to specialize in a career where they were in direct contact with patients and less likely to specialize in domains such as histopathology or microbiology that score lower in the *Social* interest domain. The trait of *Neuroticism* was negatively related to the specialty's rating on the *Realistic* dimension. Doctors who were neurotic were more likely to pursue a specialization such as psychiatry, in which they do not need to perform invasive treatments that could put patients at risk. Woods et al.'s (2016) study is insightful in two ways. First, it shows that personality still matters to predict occupational choice in very restricted samples such as physicians. Second, it demonstrates that the nature of the relationship between personality and specialty choice might be different from those observed between personality and occupational choice. Hence, the purpose of this study is to examine how personality predicts occupational choice among hospitality management graduates. This question is highly relevant for this industry, knowing that many employees who work there later decide to move to other industries (e.g., O'Leary & Deegan, 2005), and has become more important than ever due to the labor shortage crisis affecting the field.

2.3. Hypothesis development

Extraverts prefer situations in which they can use their social skills (Barrick & Mount, 1991). Characterized by a strong need for activity and high levels of assertiveness, they are looking for situations in which they can use their persuasive skills to achieve their professional goals.

Hospitality graduates have chosen to invest in a sector that strongly values customer orientation and social skills (Weber, Crawford, Lee, & Dennison, 2013). This sector seems particularly suitable for extraverted, sociable, and people-oriented individuals (Barrick & Mount, 1991). Past studies conducted in the hospitality industry have shown that extraverted students are more likely to report having an interest in pursuing a career in hospitality (Anthony et al., 2021), but also that a low level of extraversion was one of the factors behind people dropping out of the industry (Cheng & Tung, 2021). In addition, past research has shown that *Extraversion* correlates positively with *Enterprising* and *Social* interests (Barrick et al., 2003; Larson et al., 2002). Therefore, we hypothesize:

H1. *Extraversion* is positively related to occupations' ratings on the *Enterprising* and *Social* dimensions of the RIASEC model.

Openness to experience is related both to *Artistic* and *Investigative* interests (Larson et al., 2002). Individuals scoring high in *Openness to experience* are interested in activities that require analyzing information, finding solutions to problems, and expressing new ideas.

Table 1
 RIASEC Scores for the 72 job categories in the study.

O*NET description	n	Code	R	I	A	S	E	C
Sales managers	80	EC	33	17	17	45	100	61
Financial quantitative analysts	49	IC	22	95	45	6	33	78
Chief executives/founders	44	EC	6	17	28	45	100	72
Marketing managers	43	EC	0	22	45	28	100	72
Food service managers	29	ECR	56	11	11	56	100	72
Management analysts	23	IEC	6	89	11	22	83	56
General and operations managers	22	ECS	6	6	0	39	100	45
Human resources specialists	20	ECS	0	28	28	50	83	61
Lodging managers	17	ECS	33	11	6	50	100	72
Search marketing strategists	16	EIC	6	56	28	11	72	56
Meeting, convention, and event planners	15	ECS	11	6	22	56	100	67
Project management specialists	14							
Market research analysts	11	IEC	6	95	11	6	67	50
Executive secretaries and executive administrative assistants	10	CE	28	28	6	39	61	100
Property, real estate, and community association managers	8	EC	33	0	6	45	100	78
Public relations specialists	8	EAS	0	17	67	61	100	33
Business intelligence analysts	7	IEC	11	78	22	11	72	50
Sustainability specialists	7	EIA	11	56	45	22	78	33
Human resources managers	5	ESC	6	22	22	78	100	67
Personal financial advisors	5	ECS	0	33	6	45	95	78
Writers and authors	5	EAC	11	33	89	22	95	33
Accountants and auditors	4	CEI	8	39	0	14	64	100
First-line supervisors of non-retail sales workers	4	ECS	22	17	11	56	100	72
Web developer	4	CIR	56	67	50	0	39	72
Software quality assurance analysts and testers	4	ICR	56	89	17	0	11	83
Administrative service managers	3	EC	17	22	0	28	100	72
Education administrators, postsecondary	3	ECS	0	33	33	61	100	67
Investment fund managers	3	EC	0	11	0	28	100	61
Bank tellers	2	CE	28	6	0	17	61	95
Credit analysts	2	CE	28	33	0	33	72	100
First-line supervisors of office and admin. Support workers	2	ECS	11	6	11	56	95	78
Graphic designers	2	ARE	56	11	100	17	56	22
Interior designers	2	AE	33	11	95	33	72	6
Spa managers	2	ECS	39	0	17	56	100	67
IT project managers	2	EC	11	33	17	17	95	39
Lawyers	2	EI	6	61	50	39	100	45
Mental health counsellors	2	SIA	6	61	50	100	22	22
Purchasing managers	2	EC	28	17	6	28	100	72
Real estate brokers	2	EC	39	0	6	39	100	78
Real estate sales agents	2	EC	39	6	11	45	100	72
Teaching assistants	2	SC	6	17	39	89	33	50
Training and development specialists	2	SAC	6	22	61	95	50	61
Transportation, storage, and distribution managers	2	EC	33	11	6	15	100	70
Treasurers and controllers	2	CE	11	28	0	28	83	100
Appraisers and assessors of real estate	1	ECR	39	31	0	14	78	78
Housekeeping managers	1	ECR	67	6	6	28	100	72
Maintenance managers	1	ECR	61	22	0	28	100	78
Surveyors	1	RCI	95	67	39	6	17	67
Securities, commodities, and financial services sales agents	1	ECS	7	14	8	33	99	65
Audio and video technicians	1	RIC	100	67	39	0	11	61
Baristas	1	ECR	61	0	39	45	61	61
Chefs	1	ERA	78	6	61	39	100	28
Commercial and industrial designers	1	AER	50	17	95	17	61	11
Concierges	1	SE	28	0	28	78	72	39
Conservation scientists	1	RIE	72	72	17	17	72	28
Customer service representatives	1	ESC	11	6	0	56	89	56
Fitness and wellness coordinators	1	ES	45	28	22	61	95	39
Flight attendants	1	ESC	39	6	22	72	83	61
Farmers, ranchers, and other agricultural managers	1	ERC	87	32	15	17	100	63
Human resource assistants	1	CES	6	11	0	39	61	100
Logistic analysts	1	CEI	28	39	6	6	56	83
Paralegals and legal assistants	1	CIE	0	67	11	17	56	78
Procurement clerks	1	CE	17	11	0	0	56	100
Producers and directors	1	EAS	11	6	83	39	95	39
Production, planning, and expediting clerks	1	CE	28	11	0	11	72	95
Purchasing agents	1	CE	45	28	0	17	89	95
Quality control specialists	1	CIR	61	72	6	0	28	89
Supply chain managers	1	EC	28	17	11	22	100	61

(continued on next page)

Table 1 (continued)

O*NET description	n	Code	R	I	A	S	E	C
Talent directors	1	EA	11	6	78	39	100	45
Training and development managers	1	ES	6	17	45	83	100	50
Video game designers	1	AE	17	33	83	11	61	39
Web administrators	1	CEI	50	56	17	0	61	89
<i>M</i>			28	30	26	34	78	63
<i>Sd</i>			25	26	27	24	25	22

Note. E = enterprising; I = investigative; S = social; C = conventional; R = realistic; A = artistic. n = 72 jobs; 523 participants. No data was available on the occupation of project management specialist.

Very often, they major in academic areas such as the humanities, the arts, psychology, and political sciences, which require them to learn theories and develop their own analyses (Vedel, 2016). *Openness to experience* leads individuals to look for domains in which art, in all its forms, plays a leading role (Larson et al., 2002). We observe that individuals who are open to experience preferentially choose artistic fields of study (Vedel, 2016) and also select occupational choices linked to the imaginative and creative dimension (Judge et al., 1999; Woods & Hampson, 2010). Therefore, we hypothesize:

H2. *Openness to experience* is positively related to occupations' ratings on the *Investigative* and *Artistic* dimensions of the RIASEC model.

Agreeable individuals place particular importance on the well-being of others and look for environments and situations that allow them to demonstrate their altruism and empathy (Barrick & Mount, 2003). As such, they typically gravitate towards work environments with a strong social dimension (Larson et al., 2002) that matches their interests (Baldacchino & Galea, 2012). Careers in hospitality embody a strong need for human-centricity (Weber et al., 2013). Thus, it is expected that the most agreeable individuals will look for positions that allow them to grow through a solid social dimension (Deary, Watson, & Hogston, 2003). Therefore, we hypothesize:

H3. *Agreeableness* is positively related to occupations' ratings on the *Social* dimension of the RIASEC model.

Conscientious individuals naturally thrive in environments that require them to conform to established frameworks and work rules. Thus, conscientious individuals strongly value conventional interests (Larson et al., 2002). Therefore, it is expected that conscientiousness among hospitality graduates is positively related to the conventional dimension of their occupational choice. Therefore, we hypothesize:

H4. *Conscientiousness* is positively related to occupations' ratings on the *Conventional* dimension of the RIASEC model.

No hypothesis was formulated in regard to *Neuroticism* because this trait is not related to any of the six vocational interests (e.g., Larson et al., 2002).

3. Method

3.1. Procedure and participants

In 2013 and 2014, bachelor students in a hospitality management school completed a personality questionnaire as a course requirement. They were informed that their results would remain anonymous, and they were asked if these results could be used for research. They were also informed that they had the right to refuse without any consequence for their grades. A total of 556 students explicitly consented that their results could be used for future research. In April 2022, we analyzed the LinkedIn profiles of these graduates and identified their most recent occupation. We discarded 33 respondents because: 10 lacked a LinkedIn profile, 20 had not updated their profile in the last 12 months, and three profiles lacked enough details to code the occupational choice according to O*NET.

3.2. Measures

Big Five. The International Personality Item Pool 300-item version of the NEO-PI facet scales (IPIP NEO-PI, International Personality Item Pool, n.d.) was used to measure the Big Five traits. Participants used a five-point scale ranging from 1 (very inaccurate) to 5 (very accurate) to respond to the items. Alpha coefficients for the five traits range from 0.87 to 0.94, which is in line with values reported in other studies (Goldberg, 1999; Goldberg et al., 2006).

Occupational choice. Each participant's latest job title was retrieved from LinkedIn and entered as a search term into the O*NET database (O*O*NET Resource Center, 2022), which is a public database containing details for all occupational categories. This was done independently by two coders. Each coder identified the most relevant occupational category found on the O*NET database. Initially, there was exact agreement on 57.2% of the occupational choices. For each inconsistency, the LinkedIn profile was re-examined to determine the most appropriate occupational category on O*NET until perfect agreement was reached. The occupational choice was assigned six RIASEC scores according to the information available on the O*NET database (O*O*NET Resource

Center, 2022). RIASEC occupation scores represent subject experts' ratings regarding the extent to which an occupation is represented by the interest (0 = highly uncharacteristic of this job; 100 = highly characteristic of this job). The validity of these ratings has been supported in past studies (e.g., Eggerth, Bowles, Tunick, & Andrew, 2005) and this method has been used in prior research on the relationship between personality and occupational choice (Woods et al., 2016; Woods & Hampson, 2010). Table 1 provides a list of all the occupations analyzed. As shown in this table, RIASEC scores for occupational choices are highest on the *Enterprising* dimension. The standard deviations are similar across interest dimensions. Table 2 indicates that most participants hold a job in which the *Enterprising* domain is considered as the most characteristic.

4. Results

We conducted correlations and regression analyses with SPSS 27 to determine the association between participants' personality traits and the RIASEC scores of their occupational choice. As shown in Table 3, *Openness to experience* and its facet, *aesthetics*, were negatively correlated with the *Realistic* dimension of the occupation. *Extraversion* (and the facets of *warmth*, *gregariousness*, and *excitement-seeking*) was negatively related with the *Investigative* dimension. None of the five personality traits were significantly related to the *Artistic* or *Social* dimensions. *Extraversion* (and the facets of *gregariousness*, *excitement-seeking*, and *positive emotions*) was positively related with the *Enterprising* dimension. Finally, *Openness to experience* and *Aesthetics* were negatively related to the *Conventional* dimension, and *Conscientiousness* (and *achievement-striving* and *deliberation*) was positively related to the same dimension.

To test our hypotheses, we conducted multivariate regression analyses. First, we entered gender and the five personality traits into a regression model to predict each of the six RIASEC dimensions separately. All participants were considered in this analysis (Model 1 in Table 4). Second, to test the robustness of the findings (Model 2 in Table 4), the same analyses were conducted without participants who had occupations that were idiosyncratic (i.e., held by only one participant in the sample—for instance, chef, barista, or talent director; see Table 1).

We describe below only the results that are significant across the two models. The *Realistic* dimension was predicted by gender and *Openness*. Women and individuals scoring high on *Openness* were less likely to have an occupation characterized as being *Realistic*. The *Investigative* dimension was predicted by *Extraversion*. The most extraverted individuals were less likely to occupy a job scoring high on the *Investigative* dimension. Women were more likely to have an occupation with a higher rating on the *Artistic* dimension. In the two models, *Extraversion* did positively predict the rating on the *Social* and *Enterprising* dimensions. Finally, *Conscientiousness* was positively related to the *Conventional* dimension.

5. Discussion

This study aimed to test the following hypotheses: *Extraversion* relates positively to the *Enterprising* and *Social* ratings of individuals' occupation (H1); *Openness to experience* relates positively to the *Artistic* and *Investigative* ratings of individuals' occupation (H2); *Agreeableness* relates positively to the *Social* rating of their occupation (H3); and *Conscientiousness* relates positively to the *Conventional* rating of their occupation (H4). H1 was supported by our results. We observed that extraverted individuals were more likely to gravitate towards jobs that were high on the *Enterprising* and *Social* dimensions. On the other hand, introverted individuals were more likely to gravitate towards jobs that were lower on these dimensions. These individuals were also more likely to gravitate towards jobs that were higher on the *Investigative* dimension. These results point to the conclusion that extraverted hospitality management graduates are more likely to occupy positions such as sales manager, food service manager, or lodging manager, whereas introverted individuals could prefer positions such as financial quantitative analyst or market research analyst.

Table 2
Representation of letter codes in the study.

First letter in job letter-code	% Jobs (n)	% Participants (n)
E	57.7% (41)	70.2% (367)
C	19.7% (14)	6.5% (33)
I	7% (5)	18.5% (94)
S	5.6% (4)	1.2% (6)
A	5.6% (4)	1.8% (6)
R	4.2% (3)	0.6% (3)
Letter-code		
EC	16.9% (12)	37.7% (192)
ECS	14.1% (10)	17.9% (91)
ECR	7% (5)	6.5% (33)
EI	4.2% (3)	4.9% (25)
ER	2.8% (2)	0.4% (2)
EA	5.6% (4)	2.9% (15)
ES	7% (5)	1.8% (9)

Note. E = enterprising; I = investigative; S = social; C = conventional; R = realistic; A = artistic. N = 71 jobs; 509 participants.

Table 3
Intercorrelations between personality and RIASEC scores.

Personality	M(SD)	α	R	I	A	S	E	C
Openness to experience	3.69 (.35)	.87	-.10*	.00	.06	-.02	.04	-.10*
O1: Fantasy	3.70 (.62)	.79	-.01	.03	.03	-.04	.00	-.06
O2: Aesthetics	4.04 (.58)	.77	-.10*	.06	.12**	-.06	-.02	-.12**
O3: Feelings	3.79 (.52)	.71	-.04	-.02	.05	.02	.04	-.07
O4: Actions	3.80 (.58)	.81	-.06	-.12**	-.04	-.05	.13**	-.03
O5: Ideas	3.63 (.57)	.77	-.06	.07	.04	-.08	-.04	-.03
O6: Values	3.18 (.49)	.54	-.09	-.02	.02	.03	.05	-.06
Conscientiousness	3.64 (.45)	.94	.01	.02	.01	-.02	-.06	.10*
C1: Competence	3.85 (.44)	.76	-.04	.06	.01	-.03	-.03	.06
C2: Order	3.55 (.74)	.84	.10*	-.01	-.02	-.03	-.01	.07
C3: Dutifulness	4.03 (.50)	.75	-.01	.01	.03	.01	-.04	.02
C4: Achievement-striving	3.97 (.51)	.78	.01	-.02	-.01	-.01	-.03	.11*
C5: Self-discipline	3.26 (.71)	.87	.00	-.02	-.03	.01	-.03	.08
C6: Deliberation	3.19 (.65)	.81	-.04	.09*	.06	-.06	-.15**	.09*
Extraversion	3.65 (.38)	.91	.01	-.13**	-.05	.08	.14**	.01
E1: Warmth	3.92 (.56)	.83	.04	-.09*	-.02	.07	.09	.01
E2: Gregariousness	3.57 (.63)	.80	.05	-.16**	-.09*	.10*	.15**	-.02
E3: Assertiveness	3.65 (.55)	.80	-.06	-.03	.00	-.01	.04	.03
E4: Activity level	3.18 (.47)	.67	-.03	-.03	-.03	.02	.02	.09*
E5: Excitement-seeking	3.56 (.61)	.76	.02	-.12**	-.05	.06	.14**	-.03
E6: Positive emotions	4.02 (.51)	.76	.00	-.08	.01	.05	.11*	-.03
Agreeableness	3.54 (.37)	.89	.01	-.03	.06	.05	-.01	-.06
A1: Trust	3.46 (.60)	.81	.06	-.06	-.01	.06	.05	-.04
A2: Straightforwardness	3.63 (.57)	.77	-.04	.01	.07	-.01	-.05	-.04
A3: Altruism	4.16 (.46)	.77	.04	-.05	.04	.05	.02	-.01
A4: Compliance	3.49 (.50)	.58	.01	-.03	.05	.04	.01	-.04
A5: Modesty	3.06 (.59)	.77	.00	.04	.02	.00	-.06	-.02
A6: Tender-mindedness	3.43 (.54)	.69	-.03	.02	.07	.06	.02	-.09*
Neuroticism	2.76 (.49)	.93	.07	-.01	.05	-.01	-.02	-.02
N1: Anxiety	2.98 (.67)	.81	.06	.02	.06	-.01	-.06	.02
N2: Anger	2.65 (.76)	.87	.03	-.06	.02	.02	.02	.03
N3: Depression	2.34 (.66)	.82	.07	.05	.03	-.04	-.05	-.06
N4: Self-consciousness	2.74 (.61)	.77	.08	.05	.05	-.04	-.08	.00
N5: Immoderation	3.16 (.57)	.68	.05	-.08	.04	.01	.08	-.09
N6: Vulnerability	2.67 (.62)	.79	.03	-.03	.02	.02	-.01	.02

Note. N = 509, * $p < .05$; ** $p < .01$. E = enterprising; I = investigative; S = social; C = conventional; R = realistic; A = artistic.

No support was found for *H2* or *H3*. There were no relationships between *Openness to experience* and the occupation's rating on the *Investigative* and *Artistic* dimensions, nor between *Agreeableness* and the *Social* dimension. These results demonstrate that the relationships between personality traits and occupational choice in specific fields do not precisely mirror those observed between personality and vocational interests. For instance, there is ample evidence that agreeable people tend to express interest in social positions, or that openness is related to investigative and artistic interests (Larson et al., 2002), but the present study demonstrates that the same relationships do not hold for predicting individuals' occupational choice. Finally, *H4* was supported in this study. *Conscientiousness* was related to occupations higher in the *Conventional* dimension. Overall, these results give credence to P-V fit theory (Kristof, 1996). To a certain extent, individuals are looking for occupations that correspond to their personality.

It is noteworthy that personality best predicted the RIASEC dimensions that were the most prevalent in the sample. For instance, hypotheses were mainly supported for the *Enterprising* and *Conventional* dimensions. However, we found no support for the hypotheses related to the *Investigative* or *Artistic* dimensions. In contrast, *Extraversion* was found to be inversely related to the *Investigative* dimension. These results indicate that individuals whose personality profile differs from the industry in which most of their peers are working tend to find occupations that are more compatible with their personality. As most jobs were enterprising (and, to a lesser extent, conventional), the most introverted individuals chose occupations where the *Enterprising* component was less important. The most introverted individuals chose occupations such as management analyst, business analyst, or financial quantitative analyst, which are primarily investigative but less enterprising than other occupations analyzed in the current study. Jobs that were conventional (accountant & auditor or executive assistant) are sought by individuals who are conscientious. The present study challenges results and propositions advanced by other scholars (Woods et al., 2016). Woods et al. (2016) argued that individuals who work in the same environment are more likely to be alike on the personality trait that relates to the most important RIASEC dimension corresponding to their occupation (e.g., *Openness to experience* as it relates to the *Investigative* dimension of their occupation). Therefore, they expected no relationship between *Openness to experience* and the medical specialty's rating on the *Investigative* dimension. If we apply this reasoning

Table 4
Regression analysis predicting RIASEC dimensions.

	R	I	A	S	E	C
<i>Model 1</i>						
Gender	-.12*	.06	.12*	-.05	-.09	-.06
Openness	-.12*	.07	.08	-.08	-.01	-.11*
Conscientiousness	.04	.03	.00	-.05	-.08	.14**
Extraversion	.10	-.19***	-.07	.12*	.16**	.05
Agreeableness	.06	-.07	.01	.10	.04	-.07
Neuroticism	.14**	-.08	.01	.03	.03	.04
<i>R</i> ²	.02**	.02*	.01*	.01	.02*	.02*
<i>Model 2</i>						
Gender	-.13*	.07	.12*	-.08	-.10*	-.05
Openness	-.15**	.08	.07	-.09	-.02	-.08
Conscientiousness	-.01	.02	-.01	-.03	-.05	.15**
Extraversion	.09	-.21***	-.10	.16**	.17**	.07
Agreeableness	.03	-.06	.01	.10	.04	-.06
Neuroticism	.06	-.10	-.02	.08	.07	.05
<i>R</i> ²	.04**	.04*	.03	.03*	.03*	.03*

Note. Model 1 (N = 509); Model 2 (N = 481); * $p < .05$; ** $p < .01$; *** $p < .001$. R = realistic; I = investigative; A = artistic; S = social; E = enterprising; C = conventional.

to our study, *Extraversion* should have low predictive power in occupational choice among hospitality graduates, because the occupations they hold are rated as high in the *Enterprising* dimension. In fact, *Extraversion* is the trait that best predicted occupational choice among hospitality graduates in the present study. These results may have important theoretical implications, as they suggest that people not only choose jobs that match up with their personality, but adjust over time to escape from occupational trajectories that represent a mismatch for them. For instance, no relationship was observed between *Openness to experience* and the occupation's ratings on the *Artistic* and *Investigative* dimensions of the RIASEC model. *Extraversion*, on the other hand, was negatively related to these dimensions. The most introverted individuals were those working in an occupation rated as lower on the *Enterprising* dimension and higher on the others. These results imply that personality could explain occupational choice better over long timespans than over shorter ones. Over time, individuals switch from one job to another, gravitating towards new jobs that offer a better fit with their personality.

5.1. Implications for practice and research

Personality does predict occupational choice. As such, personality questionnaires might prove valuable tools to determine job candidates' person-environment fit. As many of the hospitality management roles observed in this study tend to be high on the *Enterprising*, *Conventional*, and *Realistic* dimensions, the relationships observed in our study indicate that individuals who are extraverted, conscientious, and less open are more likely to hold positions compatible with the demands of the hospitality industry. As a consequence, recruiters are advised to select candidates possessing this personality profile for roles in hospitality. This is particularly relevant because recruiters in the hospitality industry seem less inclined to use personality tests than those in other industries (e.g., Paraskevas, 2000).

One noticeable finding was that women were less likely to gravitate towards occupations scoring high in the *Realistic* dimension, which underlines a preference to work with things more than with people. This result has been consistently observed in past research (Su, Rounds, & Armstrong, 2009). In the present context, it demonstrates that women are less likely to occupy a position in hospitality management operations, such as food-and-beverage roles (Woods & Viehland, 2000). This is not surprising, since operations roles in the hospitality industry demand long working hours in a 24/7 business, hindering people (women in particular) from balancing the demands of work and family (see, for example, Brownell, 1998). The hospitality sector is notorious for its lack of work flexibility—that is, employees' freedom to organize themselves through part-time work, remote work, flexible scheduling, and compressed workweeks (Davidson, McPhail, & Barry, 2011; Shockley & Allen, 2007).

To our knowledge, this study is the first of its kind to have measured occupational choice with LinkedIn. In previous research, data on occupational choice was obtained through self-reports. In this study, information about the present job was obtained by analyzing LinkedIn profiles. This method is more time-consuming than relying on self-reported information, but is less likely to suffer from the phenomenon of research mortality. As an example, De Fruyt and Mervielde (1999) had collected personality data from 934 college students, and when they contacted these participants again one year after graduation, only 620 of them responded. In other words, one-third of participants did not continue the study after just one year. In comparison, only 33 profiles (out of 556) in the present study were discarded, either because the LinkedIn profiles could not be retrieved or because they had not been updated in the last 12 months. However, it should be mentioned that rates of LinkedIn adoption likely differ across industries. Recent research in the hospitality

industry has already used LinkedIn profiles successfully to examine the early career path of hospitality alumni (Smith, Clement, & Pitts, 2018) or their geographical mobility (Tolkach & Tung, 2019). The current study adds to this stream of research by showing that personality can predict occupations held by hospitality graduates.

Considering the massive labor shortage in the hospitality industry, it is interesting to identify that managerial jobs in hotels are characterized by being enterprising, conventional, and realistic. According to our results, this kind of position might attract individuals who are extraverted, conscientious, and less open. This indicates that people who are sociable, but also meticulous and traditionalist, are more likely to occupy a position in hospitality operations. Having conscientious and extraverted employees or managers is advantageous for hotels, as these two traits are predictors of job performance (Barrick & Mount, 1991). However, individuals who score low in *Openness to experience* tend to struggle more in regard to innovative work behaviors (Hammond, Neff, Farr, Schwall, & Zhao, 2011) or effective leadership (Judge et al., 2002). Considering the importance of innovation in the current era for hotels and restaurants to survive and thrive (Breier et al., 2021), the present findings suggest that the hospitality industry is neither attracting nor retaining the individuals who are the most capable of disrupting the status quo. Two reasons can explain this result. First, individuals who score high on openness may be more interested in working in jobs where they must analyze information or innovate than in managing people and ensuring the faultless delivery of service operations. Second, the hospitality industry is often described as having a top-down and autocratic management style (Deery & Jago, 2001; Kusluvan, Kusluvan, Ilhan, & Buyruk, 2010), which might not fit with open-minded individuals' values of self-direction (Roccas, Sagiv, Schwartz, & Knafo, 2002).

There are a few limitations to note in our study. First, we only considered the current occupation in our analysis. Hence, the results might change slightly over time, as individuals tend to change positions. Future studies might be conducted to examine whether personality can predict the occupation held over longer timeframes (10 or 20 years after graduation, for instance). Second, LinkedIn profiles were analyzed in April 2022, just after the pandemic, and we do not know whether some of our conclusions might have been influenced by the pandemic. For instance, we observed that introverted individuals were less likely to gravitate towards occupations that were higher in the *Enterprising* dimension, but it is also possible that introverted individuals might have been the first to be laid off during the pandemic because they tend to be less visible. Our data do not offer enough information on whether holding a position was the result of a voluntary decision or determined by macro changes occurring during the pandemic. Future studies should also consider the collection of self-reported information to get a fuller picture of the phenomena studied. Despite this limitation, our interpretation of our results—namely, that individuals change job to find occupations that better match their personality and interests—is in line with recent work related to P-E fit (Hanna, Briley, Einarsdóttir, Hoff, & Rounds, 2021). Indeed, the type of job does not predict changes in individuals' vocational interests, but individuals' vocational interests do predict changes of jobs. Third, we used the RIASEC model to classify jobs (Holland, 1997). This model has been recently criticized on the basis that it was developed a long time ago and might not accurately represent jobs created in more recent decades (Su, Tay, Liao, Zhang, & Rounds, 2019). Future studies could use, for instance, the SETPOINT model (Su et al., 2019) to examine how personality can predict occupational choice according to its eight dimensions (health Science, creative Expression, Technology, People, Organization, Influence, Nature, and Things). Finally, only personality traits were measured in the present study, which limits our understanding of the determinants of occupational choice in the hospitality industry. In addition to personality, future studies might attempt to uncover how vocational interests predict occupational choice above and beyond personality traits (see Hanna & Rounds, 2020).

6. Conclusion

This study fills an important gap in the literature by demonstrating that personality plays a key role in determining hospitality graduates' occupational choice. First, extraversion was positively related to gravitation towards jobs that are enterprising and social, and negatively to gravitation to jobs that are investigative. Second, conscientiousness was positively related to gravitation to jobs that are conventional. Finally, openness was negatively related to gravitation to jobs that are realistic. These results have important implications both for hospitality organizations that aim to reduce staff turnover and for individuals who wish to enhance their own person-environment fit.

Author statement

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