



Article In Vitro Biological Activity of α-Diimine Rhenium Dicarbonyl Complexes and Their Reactivity with Different Functional Groups

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Abstract: Cancer remains one of the leading causes of death worldwide. The interest in organometallic complexes as anticancer drug candidates continues to be pivotal for many researchers. Initially underestimated for their therapeutic potentials, rhenium complexes are now slowly gaining momentum. While tricarbonyl complexes of rhenium are widely investigated, dicarbonyl derivatives of the *cis*-[Re(CO)₂]⁺ core remain largely unexplored. In this study, we tested in vitro a variety of rhenium dicarbonyl complexes for their activity towards three cancer cell lines (A549, MCF-7 and HCT116) and one healthy cell line (HEK293). The most lipophilic compounds showed, like the tricarbonyl species, good activity against specific cancer lines (IC₅₀ = 1.5–2.5 μ M); however, the same were also toxic towards healthy cells. In order to understand these differences, we performed a reactivity study of *cis*-[Re(CO)₂(NN)]⁺ species (where NN = diimine) with biologically relevant functional groups (-COOH, -NH₂, -SH and aromatic nitrogen-based ligands) and compared the chemistry to what is known for the *fac*-[Re(CO)₃]⁺ core. Overall, we found that the rhenium dicarbonyl complexes only show good reactivity with aromatic nitrogen-based ligands. The reaction of *cis*-[Re(CO)₂(NN)]⁺ species with common bio-functional groups leads, rather, to the formation of bis-diimine dicarbonyl complexes (*cis*-[Re(CO)₂(NN)₂]⁺) as the major by-product.

Keywords: rhenium; dicarbonyl; anticancer agent; diimine ligands

1. Introduction

In the biomedical field, organometallic complexes are well-established anticancer agents, with the classical cisplatin and its derivatives commonly used in chemotherapy [1]. Although their efficiency has been proven, the development of new products and the understanding of their mode of action would allow the progression of treatment options and would undoubtedly accelerate the effectiveness of cancer treatment therapies [1-3]. Lately, the study of organometallic complexes has departed from solely fighting cancer and has been proposed as new solutions to the problems posed by bacterial resistance to antibiotic treatments [4]. Largely studied, owing to their photophysical and photochemical properties, and valuable in many applications such as bioimaging [5,6], luminescence [7,8], radiolabeling [9] and in catalysis [10–13], several studies have now revealed the high potential of rhenium tricarbonyl complexes (fac-[Re¹(CO)₃]⁺) as antimicrobial [14–22], anticancer [23–32] and even recently as anti-COVID agents [33]. The mechanisms of action underlying the antibacterial and anticancer properties of fac-[Re¹(CO)₃]⁺ species are numerous and not yet fully elucidated. However, it is very likely that interactions between these complexes and targeted biomolecules such as proteins or DNA are involved [23,24,26–32]. These interactions could be influenced by the stereochemistry of the complexes, as many studies have already highlighted the intrinsic role of metal compound chirality in biological activity [34-37].



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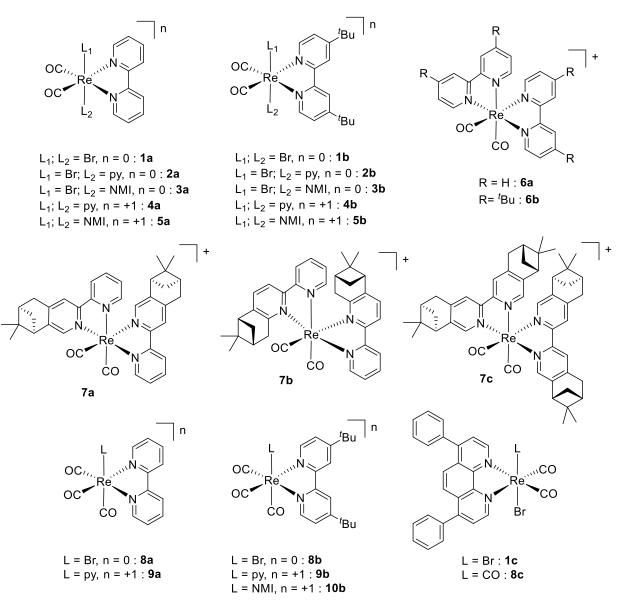
Copyright: © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). In comparison with *fac*-[Re^I(CO)₃]⁺ species, studies for anticancer properties of rhenium dicarbonyl complexes (*cis*-[Re^{II}(CO)₂]^{+/2+}) are extremely rare. Rossier et al. tested different metal complexes (Pt, Ru and Re) towards MCF-7 breast cancer cells. The *cis*-[Re^{II}(CO)₂Br₂(HCCbpy)] complex (where HCCbpy is 4-ethynyl-2,2'-bipyridine) showed the greatest cytotoxic activity with an IC₅₀ value of 1.4 μ M (compared with 3.7 μ M for cisplatin) [38]. Wilson and coworkers evaluated a series of water-soluble rhenium tricarbonyl complexes as photoactivated anticancer agents against various cancer cell lines. The products from the photoactivation of the tricarbonyl complexes may result in the formation of the dicarbonyl analogs. However, synthetically produced dicarbonyl complexes only showed moderate cytotoxicity, which suggests additional cell death mechanisms (such as ¹O₂ and/or CO release) [39]. Metzler-Nolte and Godoy described a series of dicarbonyl cyrhetrenyl-bearing phosphine ligands and tested them towards cancer cell lines. A moderate biological activity was observed only with the most lipophilic compound [40], as was also the case with [Re(CO)₂(NN)(PR₃)(Cl)] complexes (where NN = diimine and PR₃ are water-soluble phosphorous ligands), reported by Schutte-Smith and coworkers [41].

Our group has been interested in the synthesis of tri- and dicarbonyl rhenium complexes and in their applications in several medicinal areas, such as anticancer [38,42] and antibacterial agents [43,44] and CO-releasing molecules (CORMs) [45-47]. While the chemistry of fac-[Re¹(CO)₃]⁺ species containing diimine ligands is well-established, the chemistry and biological applications of cis-[Re^{II}(CO)₂]²⁺ and cis-[Re^I(CO)₂]⁺ complexes are virtually unexplored. Thereby, in the recent years we have started investigating rhenium dicarbonyl chemistry and we recently presented a new synthetic route to aerobically stable and substitutionally labile α -dimine dicarbonyl rhenium(I) complexes with only π - and σ -donor ligands [48]. These new complexes were prepared from the $[Re(CO)_2(diimine)Br_2]^-$ anion by substitution of bromide with several monodentate, aromatic amino-type ligands. The dissociative substitution mechanism proceeded via a rearrangement involving a pentacoordinate intermediate, leading to the formation of different isomers in solution [48]. Due to the lack of data on the biological activity of cis-[Re^{II}(CO)₂]^{+/2+} species, we decided to test such complexes in different cancer cell lines. Therefore, in this study, we describe the in vitro anticancer activity of several α -diimine rhenium dicarbonyl complexes and their reactivity with different functional groups of biological relevance. Where possible, their chemistry is compared with what is known for the fac-[Re(CO)₃]⁺ core. We focused on α diimine complexes, as diimine ligands are able to stabilize the cis-[Re^{II}(CO)₂]^{+/2+} [48]. The same ligands are also commonly used in tricarbonyl rhenium chemistry, and the resulting metal complexes represent the vast majority of species tested for their biological activity to date [23,24,31]. Newer platinum complexes with modified diimine ligands are also being developed to improve efficacy and reduce toxicity [49–51].

2. Results and Discussion

Biological Activity of Rhenium Dicarbonyl Complexes

We started our study by testing rhenium dicarbonyl complexes previously published by our group (1–5, Scheme 1) against three cancer cell lines (A549, MCF-7 and HCT116) and one healthy cell line (HEK293). Table 1 presents the antiproliferative activity results of all tested compounds. Complexes of formula [Re^I(CO)₂(NN)LL']ⁿ (where NN = bipyridine type, L or L' = monodentate ligands and n = 0 or +1, **1a–5a** and **2b–5b**, Scheme 1) showed no appreciable activity towards cancer cells. Only the more lipophilic complex, **1b**, exhibited activity towards MCF-7 cells with an IC₅₀ value of 2.3 μ M. This complex, however, was also toxic against healthy HEK293 cells (IC₅₀ value of 3.0 μ M). The general lack of activity of these species led us to evaluate two possibilities. On the one hand, we considered the possibility that the complexes may not be internalized by cancer cells, and, on the other hand, that the same compounds may lack reactivity towards common biological functional groups. An examination of the published contributions on anticancer *fac*-[Re(CO)₃]⁺ complexes generally indicates that the cytotoxicity of the compounds positively correlates with lipophilic properties of the species [52–56], which are associated with an improved passive cellular uptake. To address the first question (cellular internalization), we decided to prepare a *cis*-[Re(CO)₂-BODIPY] derivative in order to exploit the fluorescence properties of the chromophore and monitor the cellular uptake. We thus prepared a BODIPY-containing 2,2'-bipyridyl group according to Li et al. [57], and reacted the diimine with our 16 electron [Re^{III}(CO)₂Br₄]⁻ precursor. Although low-yielding, the desired BODIPY complex was obtained. After HPLC purification, we were able to obtain single crystals suitable for X-ray diffraction (XRD) by slow diffusion of pentane into a CH₂Cl₂ (DCM) solution of the complex (Figure 1). Unfortunately, the fluorescence of the parent BODIPY ligand was drastically attenuated (by more than two orders of magnitude) by the coordination of the heavy Re atom, and we could not proceed with the intended fluorescent cellular internalization experiments. Here, it should be mentioned that the same quenching effect was previously noted with similar *fac*-[Re(CO)₃]⁺ derivatives bearing pendant BODIPY chromophores directly bound to the diimine system [58–60].



Scheme 1. Structures and numberings of rhenium di- and tri-carbonyl complexes tested in this study towards different cancer cell lines.

Compounds	A549	MCF-7	HCT116	HEK293	Reference ^a
1a	>10	>10	>10	>10	[61]
1b	>10	2.3	>10	3.0	[48]
1c	>10	3.5	6.2	1.5	[61]
2a	>10	>10	>10	>10	[61]
2b	>10	>10	>10	>10	[48]
3a	>10	>10	>10	>10	[61]
3b	>10	>10	>10	>10	[48]
4a	>10	>10	>10	>10	[61]
4b	>10	>10	>10	>10	[48]
5a	>10	>10	>10	>10	[61]
5b	>10	>10	>10	>10	[48]
6a	>10	>10	>10	>10	
6b	3.3	4.1	1.5	0.5	
7a-1	>10	>10	>10	1.2	
7a-2	>10	>10	4.5	1.5	
7b-1	>10	>10	>10	9.8	
7b-2	>10	>10	>10	3.9	
7c-1	4.4	7.6	3.6	1.0	
7c-2	4.4	9.6	4.0	1.1	
8a	>10	>10	>10	>10	[44]
8b	9.7	7.1	6.3	4.9	[44]
8c	>10	8.2	6.9	>10	[61]
9a	>10	>10	>10	>10	[43]
9b	>10	>10	>10	8.8	[43]
10b	>10	>10	>10	>10	[43]

Table 1. IC_{50} values (in μ M) of complexes **1–10** towards A549, MCF-7 and HCT116 cancer cell lines and HEK293 healthy human embryonic kidney cells.

^a Previously published compound. Note that none of the complexes in the table were previously tested for their biological activity.

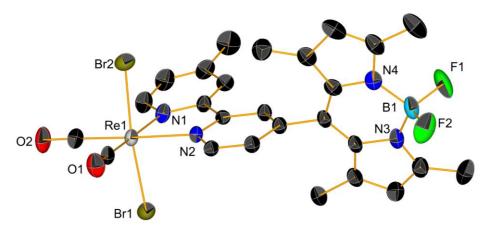


Figure 1. The ORTEP representation of crystal structure of the [Re(CO)₂-BODIPY] derivative. Thermal ellipsoids are at 30% probability. Hydrogen atoms are omitted for clarity.

We next moved to address the second question, and we explored the reactivity of the cis-[Re^I(CO)₂]⁺ rhenium dicarbonyl species with various functional groups of biological relevance (-COOH, -NH₂, -SH and aromatic nitrogen-based ligands). Similar active anticancer fac-[Re^I(CO)₃]⁺ rhenium tricarbonyl species act by different mechanisms of action, which include mitochondrial [62–66] or enzymatic inhibition [67] and DNA interaction [18,68–70]. Direct coordination of the complex to amino acid residues of proteins, or to DNA bases, is often evoked as a possible step in the mechanism of action of the complexes [23,24,26–32]. We reasoned, therefore, that the lack of activity of cis-[Re^I(CO)₂]⁺ complexes 1–5 (Scheme 1) may be related to a lack of reactivity with available biological coordinating groups. For the reactivity study, we selected the $[\text{Re}(\text{CO})_2({}^t\text{Bu}_2\text{byy})\text{Br}(\text{py})]$ complex (**2b**, Scheme 1) as a model compound (where ${}^t\text{Bu}_2\text{byy} = 4,4'$ -di-*tert*-butyl-2,2'-bipyridine). The first step in this analysis involved the solvation of **2b** in a coordinating solvent such as methanol or water. When the rhenium complex was dissolved in methanol in the presence of one molar equivalent of silver trifluoromethanesulfonate, the substitution of the bromide ligand with the methanol was observed (by HPLC-MS), leading to the expected $[\text{Re}(\text{CO})_2({}^t\text{Bu}_2\text{byy})(\text{MeOH})(\text{py})]^+$ cation (Figure 2). Surprisingly, under the same reaction conditions (RT, 24 h) when water was used instead of methanol, no appreciable solvation of **2b** was noted as demonstrated by MS and HPLC-MS. By increasing the mixture temperature up to 80 °C, the unexpected $[\text{Re}(\text{CO})_2({}^t\text{Bu}_2\text{byy})(\text{OReO}_3)(\text{py})]$ complex (**11**) was isolated. Single crystals suitable for XRD analysis were obtained by layering pentane on the top of a solution of deuterated DCM. The X-ray structure shows isomerization of the starting product, leading to the *cis,cis-isomer* (Figure 2). Despite many synthetic attempts, the substitution of the bromide ligand with water in **2b** could not be analytically established with confidence.

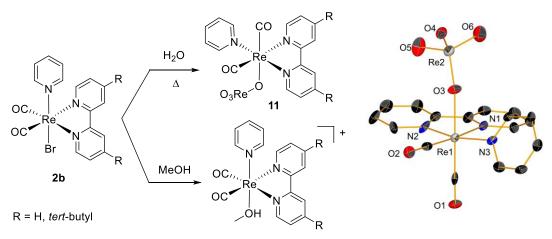


Figure 2. Solvated products from **2b** in methanol and water leading, respectively, to the $[\text{Re}(\text{CO})_2(\text{bpy})(\text{MeOH})(\text{py})]^+$ and $[\text{Re}(\text{CO})_2(\text{bpy})(\text{ReO}_4)(\text{py})]$ complexes. The ORTEP representation of crystal structure of **11** is shown to the right. Thermal ellipsoids are at 30% probability. Hydrogen atoms are omitted for clarity.

The next step of this investigation consisted of studying the reaction between **2b** various functional groups (carboxylic acids, amines and thiols) as ligands of biological relevance. At room temperature, over a prolonged time (2 days), no reaction was observed for all ligands tested (Figure 3). However, by heating the reaction mixture, a single major decomposition product, $[Re(CO)_2(^tBu_2bpy)_2](ReO_4)$ (6b), was recovered (Figure 3). The cation was equivalent to the set of complexes introduced by Meyer and Sullivan in 1983 [71,72]. These compounds, however, were prepared in the solid state by heating fac-[Re(CO)₃(NN)L] precursors with a large excess of melted NN ligand. Their luminescent properties were studied later along a series of molecules including *cis*-cisand *cis-trans*-[Re(CO)₂(PP)(NN)] species (where PP = bidentate phosphine ligand), and exhibited low lifetimes (25 and 126 ns) and low quantum yields (ca. 0.0017 and 0.0032) for the bipyridine and phenanthroline ligands, respectively [72]. With reference to the same functional groups, the reactivity of rhenium dicarbonyl complexes was markedly different from that of closely related tricarbonyl species. The latter fac-[Re(CO)₃]⁺ core reacted well with carboxylic acids [73–75], amines [76–78], aniline [79] and thiols [80,81], with several species also crystallographically characterized.

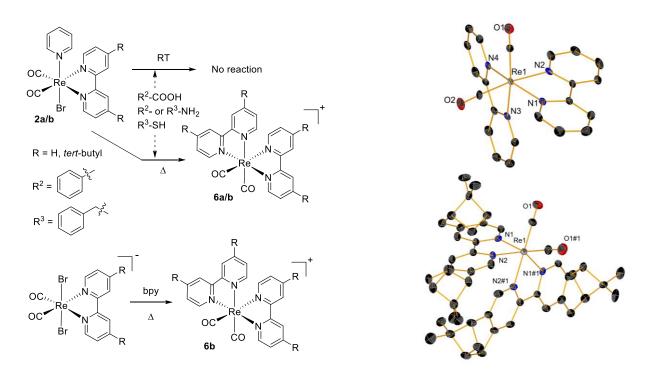


Figure 3. (**Top left**): schemes of the reactions of **2a/b** with benzoic acid, aniline, benzylamine and phenylmethanethiol. (**Bottom left**): scheme depicting the general direct synthesis of $[Re(CO)_2(NN)_2]^+$ cations (where NN is bpy- or pinbpy-type ligands). (**Right**): ORTEP representations of crystal structures of **6a** and **7c** cations. Thermal ellipsoids are at 30% probability. Hydrogen atoms are omitted for clarity.

Having accessed the $[Re(CO)_2(^tBu_2bpy)_2]^+$ cation in solution, we decided to attempt the preparation of similar species under more controlled reaction conditions. Boiling the [Re(CO)₂(bpy)Br₂] complex (1a) with one molar equivalent of bipyridine in toluene only gave the desired cation in poor yield. On the other hand, the same reaction performed starting with the one-electron reduced species of 1a, i.e., the $[Re(CO)_2(bpy)Br_2]^-$ anion $(1a^*)$ [48], led to a much faster reaction and better yield, giving the $[Re(CO)_2(bpy)_2]^+$ cation (6a). Complex **6a** was purified by reverse-phase semi-preparative HPLC, and suitable crystals for X-ray diffraction were grown by layering pentane on a solution of deuterated DCM. The structure revealed the formation of perbromate as the counterion of the rhenium complex. We then pursued the same reaction with three chiral pinene diimine ligands [82], namely: (6R,8R)-7,7-dimethyl-3-(pyridin-2-yl)-5,6,7,8-tetrahydro-6,8-methanoisoquinoline ((-)-4,5pinbpy), (5R,7R)-6,6-dimethyl-2-(pyridin-2-yl)-5,6,7,8-tetrahydro-5,7-methanoquinoline ((-)-5,6-pinbpy) and (6R,6'R,8R,8'R)-5,5',6,6',7,7',8,8'-Octahydro-7,7,7',7'-tetramethyl-3,3'-bi-6,8-methanoisoquinoline ((-)-bis-4,5-pinbpy). The [Re(CO)₂(pinbpy)Br₂]⁻ starting anions were synthesized following the procedure developed by our lab for similar bipyridine complexes and used without further purifications because of the instability of these species in solutions [48]. The $[Re(CO)_2(pinbpy)Br_2]^-$ precursors were reacted in dry toluene with one molar equivalent of the same pinbpy diimine type ligands at 100 °C overnight, yielding the corresponding $[\text{Re}(\text{CO})_2(\text{pinbpy})_2]^+$ cations (7a: (-)-4,5-pinbpy; 7b: (-)-5,6-pinbpy; 7c: (-)-bis-4,5-pinbpy). They were similarly purified as described for 6a and separated in two fractions of enriched stereoisomers. The first fraction of each complex contained the most polar stereoisomers (e.g., 7a-1, see ESI), and the second one the less polar stereoisomers (e.g., 7a-2, see ESI). These bis-diimine-based cationic complexes were tested in vitro for their biological activity towards the same cancer cell lines mentioned above. The complexes 6 and 7 showed, in general, higher antiproliferative activity than the first set of dicarbonyl compounds tested herein (i.e., 1–5). The most active compound (6b) exhibited an IC₅₀ value of 1.5 μ M towards HCT116 cells. However, its toxicity against healthy

HEK293 cells was higher (0.5 μ M). The different stereoisomers showed a similar activity, except for complex 7b, where 7b-2 exhibited greater antiproliferative activity than 7b-1 towards A549, HCT116 and HEK293.

Because the reaction of the [Re(CO)₂(^tBu₂bpy)Br(py)] complex **2b** with -COOH, -NH₂ and -SH functional groups did not lead to new products, we decided to perform similar reactions but starting from the $[\text{Re}^{1}(\text{CO})_{2}(^{t}\text{Bu}_{2}\text{by})\text{Br}_{2}]^{-}$ precursor (1b*, i.e., the one-electron reduced species of 1b). Reactions were performed under inert conditions. No substitution reaction of the complex was observed with secondary and tertiary amines (diisopropylamine, diethylamine and trimethylamine). However, when 1b* was reacted with benzylamine (bza, a primary amine model ligand), MS analysis of the reaction mixture indicated the substitution of the two coordinated bromide ions in 1b* by bza, leading to the di-substituted amino $[Re(CO)_2(^tBu_2bpy)(bza)_2]^+$ compound (12). The crude product of this reaction was purified on aluminum oxide, but, surprisingly, the XRD structure of the eluted product revealed the formation of the dicarbonyl $[Re(CO)_2(bza)_4]^+$ cation (13) with four benzylamine ligands (Figure 4). As we never detected 13 in the reaction mixture, we suppose that it is probably formed by the decomposition of 12 on aluminum oxide. No further analysis was performed on 13. In order to further explore this chemistry, we then reacted the 16 electron $(Et_4N)[Re^{III}(CO)_2Br_4]$ complex [83] with benzylamine, imidazole and pyridine. The crude products from these reactions were difficult to analyze and purify because they were too polar for normal phase chromatography and unstable on reverse phase HPLC.

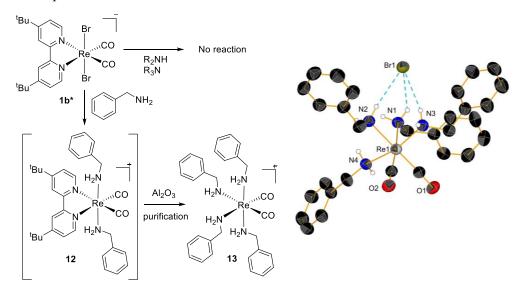


Figure 4. (Left): schemes of the reactions of **1b*** with model primary, secondary and tertiary amines. (**Right**): ORTEP representations of crystal structures of rhenium complex **13** obtained from the decomposition of **12**. Thermal ellipsoids are at 30% probability. Hydrogen atoms are omitted for clarity.

We finally tested the reactivity of **2b** with aromatic nitrogen-based ligands. We selected acyclovir (**acv**) as a nucleoside analogue for our study and the amino acid L-histidine (**his**). Acyclovir is an antiviral medication primarily used for the treatment of herpes simplex virus infections [84]. Contrary to carboxylic acids, amines and thiols, acyclovir displays coordination affinity for the rhenium dicarbonyl complex. The reaction of **2b** with **acv** as monitored via analytical HPLC was completed after ca. 100 h (4 days). The crude [Re(CO)₂(^{*t*}Bu₂bpy)(acv)(py)]Br product (**15**) was purified by reverse phase semi-preparative HPLC. Complex **15** was stable, and it could be characterized by NMR (Figure 5). Attempts to obtain crystals of **15** suitable for XRD were only partially successful. The XRD data confirmed the structure of the compound (Figure 5), but due to the progressive deterioration of the crystal, the same data could not be fully refined. Similarly, **2b** reacted

rapidly with **his**, giving the $[\text{Re}(\text{CO})_2(^t\text{Bu}_2\text{bpy})(\text{his})(\text{py})]^+$ cation (**16**). This was isolated as a PF₆⁻⁻ salt following purification by reverse phase semi-preparative HPLC. Here, it should be noted that, while all analytical data point to the formation of **16**, we could not unambiguously assign the coordination mode of **his** to **2b**. In solution, the NMR spectrum of the complex (see ESI) was rather broad, a fact that we attribute either to partial decomposition of the complex or to a dynamic equilibrium between the *cis-cis-cis* and *cis-cis-trans* isomers as previously observed [48]. We suggest coordination of **his** via the imidazole ring, based on the collected evidence of this study and the fact that complexations with other amino acids, such as glycine, only gave analytical traces (observed by HPLC-MS) of possible interaction with **2b**, and the fact that carboxylic acid and primary amines did not show affinity for the *cis*-[Re(CO)₂]⁺ core. Overall the reactivity of the *cis*-[Re(CO)₂]⁺ core (i.e., with aromatic nitrogen-based ligands) is comparable to that of the *fac*-[Re(CO)₃]⁺, with several studies supporting the interaction of the latter core with guanines [85–89] and histidine [90–96].

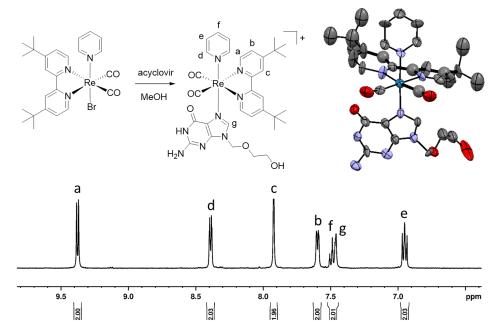


Figure 5. Aromatic region of NMR spectrum (in CD_2Cl_2) of **15** cation and its structure, based on XRD data. Letters in the NMR spectrum refer to hydrogen resonance signals of **15** cation as of scheme.

3. Materials and Methods

3.1. Reagents and Chemicals

All reagents and solvents were acquired from common sources and employed without further purifications. Complexes **1a** [97] and **1c**, **2a**, **3a**, **4a**, **5a** and **1c** [61], as well as **1b**, **2b**, **3b**, **4b** and **5b** [48] were synthesized according to published procedures. BODIPY ligand was obtained according to established methods [57]. Chiral ligands (-)-4,5-pinbpy, (-)-5,6-pinbpy [82] and (-)-bis-4,5-pinbpy [98] were prepared following known procedures. Each (TDAE)[Re^I(CO)₂(pinbpy)Br₂]₂ synthon was synthesized via a previously published method for rhenium dicarbonyl complexes bearing α -diimine ligand [48]. All molecules were prepared under inert atmosphere (Ar) using dry solvents, unless otherwise noted. Dulbecco's Modified Eagle Medium (DMEM) (with L-glutamine and glucose), L-glutamine penicillin/streptomycin (l-glu pen-strep) and trypsin-EDTA were purchased from Pan, Biotech. Thiazolyl blue tetrazolium bromide (MTT) was provided by Thermoscientific–Acros. Fetal bovine serum (FBS) and phosphate-buffered saline (PBS, 1X) solution was obtained from Gibco. Ninety-six-well plates were purchased from Nuncklon–Thermo. MCF-7–breast cancer cell line, HCT116–human colon cancer cell line, A549–lung carcinoma

cell line and HEK293–human embryonic kidney cells were kindly gifted from Prof. David Hoogewijs, Department of Medicine, University of Fribourg, Switzerland.

3.2. Instruments and Analysis

NMR spectra were measured on a Bruker Advance III 400 MHz. The corresponding ¹H chemical shifts were reported relative to residual solvent protons. Mass analyses were performed either using ESI-MS or a Bruker FTMS 4.7-T Apex II in positive mode. UV-Vis spectra were measured on a Jasco V730 spectrophotometer. IR spectra were recorded on a Bruker TENSOR II with the following parameters: 16 scans for background and 32 scans for sample with a resolution of 4 cm⁻¹ in the 4000 to 600 cm⁻¹ region. Analytical HPLCs were performed with a Merck Hitachi L-7000 system, which comprised a pump L-7100 and a UV-detector L-7400. For preparative HPLC, a column Macherey-Nagel Nucleodur C18 HTec (5 μ m particle size, 110 A pore size, 250 \times 21 mm) was used. Pure water (A), pure methanol (B) and pure acetonitrile (C) were, respectively, used as solvents. The compounds were analyzed using the gradient described in the synthetic procedures, the flow rate was set to 5 mL min⁻¹ and the compounds were detected at 260 nm. Single crystal diffraction data collection was performed on a Stoe IPDS2 diffractometer (CuK α 1 (λ = 1.5406 Å)) equipped with a cryostat from Oxford Cryosystems. The structures were solved with the ShelXT structure solution program using Intrinsic Phasing and refined with the ShelXL refinement package using Least Squares minimization [99,100]. All crystal structures were deposited at the Cambridge Crystallographic Data Centre. CCDC numbers 2244186-2244190 contain the Supplementary Crystallographic Data for this paper. For determination of the antiproliferative activity, Tecan-Spark 10 M was used with SparkControl program.

3.3. In Vitro Antiproliferative Activity Assay

Impact of the prepared complexes on the viability of MCF-7, HCT116, A549 and HEK293 cell lines was evaluated using the standard MTT assay. The cells were cultured in DMEM complete medium supplemented with 10% (v/v) FBS and 1% (v/v) l-glu penstrep in a 5% CO₂-humidified incubator at 37 °C and subcultured regularly. For viability tests, cells were seeded at a density of 1 × 10⁴ cells for cancer cells and 1.25 × 10⁴ for HEK293 cells in 200 µL complete medium in each well and incubated at 37 °C in 5% CO₂ atmosphere. After 24 h, complexes in DMSO were injected with fresh medium into the wells at a concentration between 0.63 and 10 µM. In the highest concentration, the ration of the DMSO was arranged to 1% v/v. Then, after 24 h incubation, the cell viability was assessed using MTT colorimetric assay. Cells that were not exposed with complexes were used as controls. One hundred percent viability was assumed for the control cells. The relative cell viability was calculated by the following formula:

$$cell \ viability(\%) = \frac{Absorbance\ (complex)}{Absorbance\ (control)} \times 100 \tag{1}$$

Statistical analyses of the cytotoxicity of complexes were conducted by using ordinary one-way ANOVA analysis of variance followed by multiple Dunnett's comparison tests of GraphPad Prism 8.4.2 software package. All measurements were expressed as mean values \pm standard deviation (SD) based on 5 replicas. *p* < 0.05 was accepted as a statistically significant difference. Statistical significance: (*) *p* < 0.0332, (**) *p* < 0.021, (***) *p* < 0.0002 and (****) *p* < 0.0001. For IC50 calculation, nonlinear regression analysis followed by variable slope was used.

3.4. Synthetic Procedures

[Re(CO)₂-BODIPY]. (Et₄N)[Re^{III}(CO)₂Br₄] (83.1 mg, 0.120 mmol) and BODIPY (50 mg, 0.120 mmol) were stirred at RT in DCM (25 mL) for 2.5 h and the solvent was then removed under reduced pressure. The crude solid was purified by flash column chromatography on silica (eluent: DCM/pentane 2:1 \rightarrow 1:0). The second fraction was isolated as a pink

solid once dried. Yield: 13.9 mg, 0.0170 mmol, 14%. IR (cm⁻¹), ν _{CO}: 2001, 1864. NMR: not available (paramagnetic compound).

[**Re**(**CO**)₂(**bpy**)₂](**BrO**₄) (6a). Degassed complex (TDAE)[Re(CO)₂(bpy)Br₂]₂ (24.5 mg, 37.2 μmol in Re) and 2,2'-bipyridine (5.8 mg, 37.2 μmol) were dissolved in dry toluene (8 mL). The mixture was heated to 100 °C overnight. The solvent was removed under reduced pressure. The residue was dissolved in H₂O/MeOH 1:2 (5 mL). A solution of KPF₆ (6.8 mg, 37.2 μmol) in H₂O/MeOH 1:1 (2 mL) was added dropwise to the Re solution in order to exchange the counterion (this ion exchange did not work properly, according to the crystal structure). The mixture was filtered and purified by HPLC semi preparative using the following gradient: 0–5 min (65% A), 5–35 min (65% A → 0% A), 35–45 min (100% B). The desired fraction (retention time: ca. 20 min) was collected and dried by lyophilization yielding to a dark red solid (6a). Yield: 4.9 mg, 7.0 μmol, 19%. Single crystals suitable for X-ray diffraction were grown by layering pentane on a CD₂Cl₂ solution of the compound. IR (cm⁻¹), ν_{CO}: 1902, 1822. UV-Vis (MeOH), λ_{max} [nm]: 482, 397, 287, 245. ¹H NMR (400 MHz, CD₂Cl₂, ppm): δ = 9.48 (d, J = 5.7 Hz, 2H), 8.61 (d, J = 8.2 Hz, 2H), 8.55 (d, J = 8.2 Hz, 2H), 8.11–8.17 (dt, 2H), 8.06 (dt, J = 8.2, 4.6 Hz, 2H), 7.57 (ddd, J = 7.4, 5.8, 1.3 Hz, 2H), 7.36 ppm (d, J = 4.4 Hz, 4H). ESI-MS (MeOH): *m*/*z*, 554.7 [M]⁺.

[**Re**(**CO**)₂(^{*t*}**Bu**₂**bpy**)₂](**PF**₆) (6b). Degassed complex (TDAE)[Re(CO)₂(^{*t*}Bu₂bpy)Br₂]₂ (52.8 mg, 68.5 μmol in Re) and ^{*t*}Bu₂bpy (18.4 mg, 68.5 μmol) were dissolved in dry toluene (20 mL). The mixture was heated to 100 °C overnight. The solvent was removed under reduced pressure. The residue was dissolved in MeOH (10 mL). A solution of KPF₆ (12.6 mg, 68.5 μmol) in H₂O/MeOH 1:1 (2 mL) was added dropwise to the Re solution in order to exchange the counterion. The mixture was filtered and purified by HPLC semi preparative using the following gradient: 0–5 min (65% A), 5–35 min (65% A → 0% A), 35–45 min (100% B). The desired fraction (retention time: ca. 20 min) was collected and dried by lyophilization yielding to a dark red solid (6b). Yield: 11.1 mg, 12.0 μmol, 17%. IR (cm⁻¹), ν_{CO}: 1897, 1822. UV-Vis (MeCN), λ_{max} [nm]: 465, 387, 285, 248, 207. ¹H NMR (400 MHz, CD₃CN, ppm): δ = 9.29 (d, J = 6.1 Hz, 2H), 8.44 (d, J = 1.96 Hz, 2H), 8.38 (d, J = 1.71 Hz, 2H), 7.63 (dd, J = 2.20, 6.11 Hz, 2H), 7.35 (dd, J = 1.96, 5.99 Hz, 2H), 7.29 (dd, J = 0.43, 5.93 Hz, 2H), 1.50 (s, 18H), 1.33 (s, 18H). ESI-MS (MeOH): *m/z*, 779.1 [M]⁺.

 $[Re(CO)_2(4,5-pinbpy)_2](PF_6)$ (7a). $(TDAE)[Re^{I}(CO)_{2}(4,5-pinbpy)Br_{2}]_{2}$ (76.1 mg, 0.0966 mmol in Re, 1 eq) and 4,5-pinbpy (25.4 mg, 0.101 mmol, 1.05 eq) were dissolved in dry toluene (20 mL). The mixture was stirred under inert atmosphere at 100 °C overnight. The solvent was evaporated. The solid residue (102.7 mg) was dissolved in a MeOH/ H_2O mixture (2/1, 30 mL) and a solution of KPF₆ (27 mg, 0.147 mmol, 1.52 eq, in H₂O 1 mL + MeOH 1 mL) was added dropwise. The solution was stirred at RT for 10 min. The solvent was evaporated to collect the crude product as a dark red solid. The crude compound was then purified by HPLC semi preparative using the following gradient: $0-3 \min (70\% \text{ A})$, $3-45 \min (70\% \text{ A} \rightarrow 0\% \text{ A})$, $45-70 \min (100\% \text{ B})$. Two red fractions were collected, so-called product 7a-1 (minor) between 32 and 37.2 min and so-called product 7a-2 (major) between 37.2 and 44 min. After solvent evaporation and drying, 9.5 mg of product 7a-1 and 22.0 mg of product 7a-2 were collected as red solids. Yields: 31.5 mg, 0.0357 mmol, 36.9%. IR (cm⁻¹), ν_{CO} : 1904, 1830. UV-Vis (MeOH), λ_{max} [nm]: 499, 393, 293. ¹H NMR (300 MHz, CD₂Cl₂, ppm): δ = 9.41–9.31 (m, 2H), 8.32 (dq, J = 8.3, 1.2 Hz, 2H), 8.08 (d, J = 12.9 Hz, 2H), 8.04–7.94 (m, 2H), 7.41 (dddd, J = 7.4, 5.9, 4.6, 1.4 Hz, 2H), 6.71 (d, J = 6.8 Hz, 2H), 3.14–2.84 (m, 4H), 2.62–2.48 (m, 2H), 2.42 (q, J = 5.5 Hz, 2H), 2.27–2.15 (m, 2H), 1.26 (s, 3H), 1.22 (s, 3H), 0.98 (dd, J = 43.0, 10.0 Hz, 2H), 0.52 (s, 3H), 0.14 (s, 3H). ESI-MS (MeOH): *m*/*z*, 742.9 [M]⁺.

[Re(CO)₂(5,6-pinbpy)₂](PF₆) (7b). (TDAE)[Re¹(CO)₂(5,6-pinbpy)Br₂]₂ (0.129 mmol in Re, 1 eq) and 5,6-pinbpy (34.0 mg, 0.139 mmol, 1.05 eq) were dissolved in dry toluene (20 mL). The mixture was stirred under inert atmosphere at 100 °C overnight. The solvent was evaporated. The solid residue (134.4 mg) was dissolved in a MeOH/H₂O mixture (2/1, 20 mL) and a solution of KPF₆ (27 mg, 0.147 mmol, 1.14 eq, in H₂O 1 mL + MeOH 1 mL) was added dropwise. The solution was stirred at RT for 10 min. The solvent was

evaporated to collect the crude product as a dark red solid (155.4 mg). The crude compound was then purified by HPLC semi preparative using the following gradient: 0–3 min (70% A), 3–38 min (70% A \rightarrow 0% A), 38–60 min (100% B). Two red fractions were collected, so-called product **7b-1** (minor) between 31 and 35 min and so-called product **7b-2** (major) between 36 and 42 min. After solvent evaporation and drying, 1.5 mg of product **7b-1** and 10.8 mg of product **7b-2** were collected as red solids. Yields: 12.3 mg, 0.0357 mmol, 10.8%. IR (cm⁻¹), v_{CO}: 1915, 1839. UV-Vis (MeOH), λ_{max} [nm]: 481, 397, 300. ¹H NMR (300 MHz, CD₂Cl₂, ppm): δ = 9.49–9.41 (m, 2H), 8.13–8.08 (m, 2H), 7.96 (d, J = 8.1 Hz, 2H), 7.92–7.83 (m, 2H), 7.47 (dd, J = 8.1, 4.6 Hz, 2H), 7.38–7.29 (m, 2H), 2.78–2.71 (m, 2H), 2.59–2.55 (m, 3H), 2.50–2.38 (m, 2H), 1.80 (dp, J = 9.3, 3.1 Hz, 2H), 1.64 (d, J = 2.9 Hz, 1H), 1.22 (s, 3H), 1.16 (s, 3H), 1.01 (d, J = 10.1 Hz, 2H), 0.45 (s, 3H), 0.07 (s, 3H). ESI-MS (MeOH): *m/z*, 742.9 [M]⁺.

 $(TDAE)[Re^{1}(CO)_{2}(bis-4,5-pinbpy)Br_{2}]_{2}$ $[\operatorname{Re}(\operatorname{CO})_2(\operatorname{bis}-4,5-\operatorname{pinbpy})_2](\operatorname{PF}_6)$ (7c). (0.201 mmol in Re, 1 eq) and bis-4,5-pinbpy (73.9 mg, 0.215 mmol, 1.07 eq) were dissolved in dry toluene (40 mL). The mixture was stirred under inert atmosphere at 100 $^{\circ}$ C overnight. The solvent was evaporated. The solid residue (261.8 mg) was dissolved in a MeOH/H₂O mixture (2/1, 30 mL) and a solution of KPF_6 (47.7 mg, 0.259 mmol, 1.29 eq, in $H_2O 1 \text{ mL} + \text{MeOH } 1 \text{ mL}$) was added dropwise. The solution was stirred at RT for 10 min. The solvent was evaporated to collect the crude product as a dark red solid (294.5 mg). The crude compound was then purified by HPLC semi preparative using the following gradient: 0–1 min (70% A/30% C), 1–45 min (70% A \rightarrow 0% A), 45–60 min (100% C). Two red fractions were collected, 7c-1 between 16 and 20 min and 7c-2 between 25 and 29 min. After solvent evaporation and drying, 15.4 mg of product 7c-1 and 15.8 mg of product **7c-2** were collected as red solids. Yields: 31.2 mg, 0.0687 mmol, 34.2%. IR (cm⁻¹), v_{CO} : 1899, 1831. UV-Vis (MeOH), λ_{max} [nm]: 487, 398, 298. ¹H NMR (300 MHz, CD₃CN, ppm): $\delta = 8.74$ (s, 2H), 7.99 (s, 2H), 7.93 (s, 2H), 6.58 (s, 2H), 3.06–2.99 (m, 4H), 2.90–2.82 (m, 6H), 2.69–2.59 (m, 2H), 2.50–2.34 (m, 2H), 2.27–2.20 (m, 2H), 2.18 (t, J = 5.5 Hz, 2H), 2.11–2.05 (m, 2H), 1.30 (s, 6H), 1.18–1.14 (m, 2H), 1.11 (s, 6H), 0.73 (d, J = 9.9 Hz, 2H), 0.60 (s, 6H), 0.38 (s, 6H). ESI-MS (MeOH): *m*/*z*, 931.1 [M]⁺.

[**Re(CO)₂(batho)Br₂] (1c).** (Et₄N)[Re^{III}(CO)₂Br₄] (100 mg, 144 µmol, 1 eq) and bathophenanthroline (batho) (48 mg, 144 µmol, 1 eq) were dissolved in dry DCM (10 mL) and the reaction mixture was stirred under argon atmosphere for 3 h at RT. The solvent was removed by rotary evaporation and the crude product was purified by flash chromatography (pentane/EtOAc, 10:1) on silica. Brown solid, yield 34%. IR (cm⁻¹), ν_{CO} : 1999, 1848. Crystals suitable for X-ray diffraction were obtained by slow evaporation of a DCM solution of **1c**.

fac-(**bromo**)**tricarbonylrhenium(I)** (**1c**-8**a**-8**b**). These compounds were synthesized according to the literature [44]. [Re(CO)₅Br] (100 mg, 246 μ mol, 1 eq) and the diimine (246 μ mol, 1 eq) were dissolved in toluene (2 mL) and refluxed (100 °C) overnight. The reaction mixture was cooled down to RT and the pale yellow, yellow and orange solid precipitates were isolated by filtration followed by washing with toluene (~10 mL). Pale yellow (^{*t*}**Bu**₂**bpy**), yellow (**bpy**) or orange (**batho**) solid, 87.3–92.1%.

fac-(py)tricarbonylrhenium(I) (9a-9b). Bromo complex (<50 mg, 1 eq) and AgOTf (2 eq) were suspended in a solution of pyridine (25 eq) in MeOH (5 mL) and refluxed (55 °C) for 20 h. The reaction mixture was cooled down to RT, filtered and dried in vacuo. The crude product was purified by HPLC semi preparative using the following gradient: 0–5 min (75% A), 5–35 min (75% A \rightarrow 50% A), 35–40 min (50% A), 40–45 min (100% B) for bpy, and 0–20 min (30% A), 20–30 min (100% B) for ^{*t*}Bu₂bpy. Pale yellow (^{*t*}Bu₂bpy) or yellow (bpy) solid, 58–59 %.

[**Re**(**CO**)₃(^{*t*}**Bu**₂**bpy**)(**NMI**)](**OTf**) (10b). [Re(CO)₃(^{*t*}Bu₂bpy)Br] (40 mg, 65 µmol, 1 eq) and AgOTf (33 mg, 130 µmol, 2 eq) were suspended in a solution of N-methylimidazole (NMI) (100 µL, 1.3 mmol, 25 eq) in MeOH (5 mL) and refluxed (55 °C) for 20 h. The reaction mixture was cooled down to RT, filtered and dried in vacuo. The crude product was suspended in H₂O (60 mL) and centrifugated. The liquid was decanted and this process was repeated two additional times. The resulting pale yellow solid was dissolved

in acetonitrile (5 mL) and the resulting solution was filtered and dried in vacuo. Pale yellow solid, 72 %.

[**Re**(**CO**)₂(^{*t*}**Bu**₂**bpy**)(**acv**)(**py**)](**Br**) (15). Complex 2b (31 mg, 46.3 µmol) and acyclovir (10.5 mg, 46.3 µmol) were dissolved in methanol (10 mL). The mixture was heated to 75 °C for 4 days (ca. 100 h). The reaction was then cooled down to room temperature, KPF₆ (9.4 mg, 50.9 µmol, 1.1 eq.) was added and the solution was stirred for 15 min (this ion exchange did not work properly, according to the crystal structure). The mixture was filtered and purified by HPLC semi preparative using the following gradient: 0–5 min (70% A), 5–35 min (70% A → 0% A), 35–45 min (100% B). The desired fraction (retention time: ca. 21 min) was collected and dried by lyophilization yielding to a dark red solid (15). Yield: 5.2 mg, 5.8 µmol, 13%. IR (cm⁻¹), ν_{CO}: 1900, 1818. UV-Vis (MeOH), λ_{max} [nm]: 365, 303, 249. ¹H NMR (400 MHz, CD₂Cl₂, ppm): δ = 9.46 (d, J = 5.9 Hz, 2H), 8.47 (dd, J = 6.5, 1.4 Hz, 2H), 8.00 (d, J = 1.6 Hz, 2H), 7.68 (d, J = 6.0 Hz, 2H), 7.55–7.60 (tt, 1H), 7.54 (s, 1H), 7.03 (dt, J = 7.5, 6.7 Hz, 2H), 6.08 (br. s., 2H), 5.28 (s, 2H), 3.57–3.61 (t, 2H), 3.44–3.48 (t, 2H), 1.40 (s, 18H). ESI-MS (MeOH): *m/z*, 815.0 [M]⁺.

[**Re**(**CO**)₂(^t**Bu**₂**bpy**)(**his**)(**py**)](**PF**₆) (16). Complex 2**b** (25 mg, 37.3 μmol) and L-histidine (8.7 mg, 56.0 μmol, 1.5 eq.) were dissolved in methanol (10 mL). The mixture was heated to 75 °C for 55 h. The reaction was then cooled down to room temperature, KPF₆ (7.6 mg, 41.0 μmol, 1.1 eq.) was added and the solution was stirred for 15 min. The mixture was filtered and purified by HPLC semi preparative using the following gradient: 0–5 min (65% A), 5–35 min (65% A → 0% A), 35–45 min (100% B). The desired fraction (retention time: ca. 34 min) was collected and dried by lyophilization yielding to a dark orange solid (15b). Yield: 5.6 mg, 6.3 μmol, 17%. IR (cm⁻¹), ν_{CO}: 1894, 1813. ¹H NMR (400 MHz, CD₂Cl₂, ppm): δ = 9.07 (d, J = 6.11 Hz, 1H), 8.57 (d, J = 10.51 Hz, 2H), 8.23 (s, 1H), 7.99–8.10 (m, 2H), 7.65–7.78 (m, 1H), 7.59 (dd, J = 5.81, 9.60 Hz, 1H), 7.13–7.36 (m, 4H), 6.19–6.41 (m, 1H), 3.10–3.36 (m, 1H), 2.72–2.98 (m, 1H), 1.46 (d, J = 8.19 Hz, 9H), 1.37 (d, J = 5.75 Hz, 9H). ESI-MS (MeOH): *m/z*, 745.0 [M]⁺.

4. Conclusions

In this study, we reported the synthesis, characterization and biological activity of a series of rhenium dicarbonyl complexes, including eight new complexes. Our in vitro biological evaluation revealed good toxicity towards three cancer cell lines (A549, MCF-7 and HCT116) for the most lipophilic compounds, but the same complexes were also toxic towards a healthy cell line (HEK293). These dicarbonyl complexes turned out to be less efficient anticancer molecules compared with tricarbonyl compounds. Further analysis revealed that the reactivity of rhenium dicarbonyl complexes was only high with aromatic nitrogen-based ligands, while reactions with other biologically relevant functional groups (-COOH, $-NH_2$, -SH) led to the formation of bis-diimine dicarbonyl complexes as the major by-product. We finally developed a straightforward synthetic route to obtain the bis-diimine [Re(CO)₂(NN)₂]⁺ cations.

Supplementary Materials: The following supporting information can be downloaded at: https://www.mdpi.com/article/10.3390/inorganics11040139/s1, Figures S1–S7: 1H-NMR spectra of compounds; Figures S8–S14: IR spectra (solid state) of compounds; Figures S15–S20: UV-Vis spectra (in MeOH) of compounds; Figures S21–S27: ESI-MS spectra (in MeOH) of compounds; Figure S28–S31: Cytotoxicity graphs of compounds; Table S1: Crystallographic details of complexes.

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